

Core Clinical Skills 1

Esther Tzer Wong, M.Soc.Sci

5 Jan – 30 Mar • Tue, 7pm – 10pm

Wales: WCELB70110 • ATA: ACELB50103

Pre-requisites: PDC students who have done *Foundations of Counselling*.

This clinical course provides students with the exposure to and demonstration of the core micro skills necessary for counselling and interviewing. It will facilitate the development of a skills and competency based approach to the counselling interview.

Textbook: Ivey, Allen and Ivey, Mary (2007) *Intentional Interviewing and Counselling: Facilitating Client Development in a Multi-Cultural Society (6th Edition)* Belmont, CA : Brooks/Cole.

Human Development

Anita Chia, ThM (studies)

6 Jan – 31 Mar • Wed, 7pm – 10pm

Wales: WCETH70010 • ATA: ACETH70010

This course provides theories and the basic framework for understanding human behaviour within a developmental and social context. Various developmental stages from infancy to the conception of death, and the environmental or cultural issues faced that may contribute to the problems presented of our clients will be explored.

Textbook: Papalia, D.E., Olds, S.W., & Feldman R.D. (2003) *Human Development (9th Edition)* Boston: McGraw Hill.

Psychopathology (Understanding Mental Illnesses)

Leslie Lim, MBBS, MRCPsych (UK), FRCPsych, FAMS

9 Jan, 20 & 27 Feb • Sat, 8.30am – 12.30pm

16 & 30 Jan • Sat, 8.30am – 5.30pm

Wales: WCETH76010

In this introductory course, students will be introduced to the clinical features, causes and treatments of common psychiatric disorders. Specially designed for counsellors and people-helpers, the contents include mental state examination and assessment for suicide risk.

Textbook: Kua, E.H., Tan C.H. and Ko, S.M. (2004). *Psychiatry for Doctors*. Armour Publishing.

Practicum with Supervision

Esther Tzer Wong, M.Soc.Sci

6 months

Wales: WCELB70320

Pre-requisites: PDC students who have completed theories & skill courses.

Experiential learning alternating between agency setting, classroom work and individual review and reflection. Students are expected to apply their theoretical learning and knowledge base to the clients and families under their care in line with current professional and ethical codes of conduct.

Group Dynamics

Danny Goh, PhD

4 Jan – 29 Mar • Mon, 7pm – 10pm

Wales: WCETH45010/WCETH55010 • ATA: ACETH15003

This course provides the knowledge and skills required for working with groups effectively. It examines various functions and characteristics of different group stages and also deals with the acquisition and development of effective group facilitating skills. Students will have the opportunity to practice these skills in an experiential group setting. Topics taught include group models, group process and techniques, leadership styles, communication and conflict resolution.

Textbook: *Donelson R. Forsyth (2006) Group Dynamic.*
USA: Wadsworth Publishing Company. (Thomson)