

**Esther Tzer Wong**  
**Faculty, School of Counseling**  
**esthertzerwong@tca.edu.sg**

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**Educational Qualifications**

Master in Narrative Therapy & Community Work, *University of Melbourne*  
Master of Social Sciences, *National University of Singapore*  
Graduate Certificate (Narrative Therapy), *University of Dulwich, Australia*  
Bachelor of Social Sciences (Honors), *University of Singapore*  
Bachelor of Arts (Social Work), *University of Singapore*

**Denomination**

Anglican

**Areas of Interest: Research / Teaching**

Divorce and Marital Breakdown  
Domestic Violence or Family Abuse  
Inter-Faith Relations and Inter-Faith Dialogue  
Interpersonal Trauma  
Spiritual Formation of the Counselor/Minister  
Spirituality and Spiritual Resources  
Counseling Skills  
Marital and Family Life Education  
Parenting Skills  
Theory based Planning for Case Formulation and Treatment  
Theories and Approaches in Marital and Family Counseling

**Experience**

**Academic**

Faculty Member, School of Counseling, TCA College (2006 – Current)  
Supervisor, Dip. Counseling Program, National Institute of Education (NIE) /  
Nanyang Technological University (NTU), Singapore, (2007)

Supervisor, MA (Applied Psychology), NIE/NTU, (1998)  
Senior Tutor, Department of Sociology, University of Singapore (from 1985 – 1987)

## **Ministry**

Marriage & Family Counselor, Faith Community Baptist Church (1988 – 1998)

## **Professional**

Executive Director, St. Andrew's Lifestreams, (1998 – 2005)

Founder-President, Society Against Family Violence, (1992 – 1996)

Staff-in-charge, Counseling and Care Centre, (1986)

Editor-in-chief, Becoming Magazine, a family life publication of the Counseling and Care Centre, (1981 – 1989)

Senior Therapist, Counseling and Care Centre, (1981 – 1989)

Consultant Trainer and Counselor, Faith Community Baptist Church (1988 – 1998)

## **Membership / Professional Affiliation**

Registered social worker, Life member, Singapore Association of Social Workers

Life Member, Counseling and Care Centre

Member, Association for Marital and Family Therapy (Singapore)

Member, Singapore Planned Parenthood Association

## **Grants and Awards**

Gold Medal, Singapore Association of Social Workers (1979)

English Book Prize, University of Singapore (1977)

## **Publications**

"Working with Couples undergoing the Passage of Divorce and Single Parenthood" in Hedges and Edges: A Compendium for Social Workers, Counselors and Family Therapists published by Care Corner Singapore (2002) pp.105-112

"What you need to know: Spousal Violence (II)" in Singapore Medical Journal Vol.38 (7) published by Singapore Medical Association (1997) pp.306-309

"Making Your Marriage Strong" in Helping you in your Marriage published by the Singapore Council of Women's Organizations and Ministry of Community Development Singapore Family Values Promotion Committee (1996) pp.5-11

"Family Violence" in Psychiatry for Doctors (Kua, Ko and Lim et al) published by the NUH Department of Psychological Medicine (1995) pp. 290 – 304

"The Emotional Problems of Persons being Divorced" in Practice Law Manual Vol.6 Family Law and Probate published by Centre for Professional Legal Education (May 1987) pp.180-183

"Understanding the Dynamics of Grief - An Overview" in Working Paper No.1 Dealing with Loss and Grief published by the Counseling and Care Centre (June 1986) pp.1-6

Esther Tzer Wong (1985) Falling in Love, (144pp) published by Times Books International  
Indonesian Translation (1987) JATUH CINTA YAYASAN (160pp) published by Cipta Loka Caraka

### **Professional Presentations**

"Marriage and Stress: Trends in Asia and its effect on traditional values and behavior" (1986) 6th Biennial Conference of the Association of Psychological and Educational Counselors of Asia", 18pp

"Private violence and public policy: Where to go from here?" Forum on Stop Violence Against Women, pp.141-150

"A life cycle approach to understanding families forum entitled towards enhancement of family life organized by the Ministry of Community Development and Singapore Council of Women's Organizations, held in conjunction with National Family Week (June 1987) and published in Social Dimension (April 1988)

"Journey of a Lifetime: Narrative Techniques for Evolving the Preferred identities of Women" at the Singapore Association for Counseling Symposium entitled "Evidence informed Practice – Towards a better state of well-being" 15-16 October 2015.