

SCHOOL OF COUNSELING

# COURSE SCHEDULE



MAY-JUL 2024 (TERM 2)





## THEORIES OF MARITAL AND FAMILY COUNSELING

For Year 2 students

Leonard Kwek, MA(Counseling)  
 Esther Tzer Wong, M. Soc. Sc., MNTCW  
 Mondays: May 6, 13, 20 & 27; 7-10pm  
 Saturdays: Jun 29, Jul 16 & 13; 8.45am-4pm

This course provides a presentation of the major theoretical underpinnings and clinical practices in the field of marital and family counseling, and will especially engage with faith-based contexts when working with Christian marriages and family structures. It will include evolving viewpoints, values, perspectives, key techniques of intervention and goals of family therapy, while emphasizing the growing integrative nature of the current practice of marriage and family counseling in the local setting.

As postmodernism has introduced us to the influence of larger belief systems and the use of language in how people construct their thinking about reality and the functioning of marriage and the family, special attention will be given to counseling the Asian/Christian family in a multicultural and multi-religious setting.



## CORE CLINICAL SKILLS I

For Year 3 students  
 and requires  
 approval by Dean

Angeline Teoh, PhD, MA CMHC  
 Tuesdays: Apr 30 - Jul 23; 7-10pm  
 Saturdays: Jun 1 & 8, Jul 20 & 27, 8.45am-5.30pm

This clinical course provides students the exposure to and demonstration of the core microskills necessary for counseling and interviewing. It will facilitate the development of a skills and competency based approach to the counseling interview. Students will discover that the skills learned and developed within this course are easily transferable in any counseling environment within the church community, in faith-based volunteer work, and in all age groups.



## THEORIES OF INDIVIDUAL COUNSELING

For Year 1 students

Rev Anita Chia, MDiv, MA (CC)  
 Wednesdays: May 1 - Jul 24; 7-10pm

This course provides a survey and a critical appraisal of the major approaches in individual counseling. It includes the psychodynamic, cognitive-behavioral, existential-humanistic, gestalt, contemplative and multicultural psychotherapies. Students will discuss their theoretical framework for understanding human personality, models of problems, models of counseling in class and also make applications from a faith-based perspective.



## PROFESSIONAL ETHICS

For Year 2 students

**Angeline Teoh, PhD, MA CMHC**  
**Thursdays: May 2 - Jul 25; 7-10pm**

This course examines the principles and guidelines for professional counseling practice with regards to confidentiality, professional responsibility, professional relationship boundary, legal issues, including malpractice and other legal liability issues. Students will be facilitated to think through different ethical dilemmas and to employ decision-making strategies in a systematic manner. Special focus will be given to the application of professional ethics within the church and Christian community, while exploring topics such as dual relationships, leadership boundaries, diversity, reporting processes and confidentiality issues.



## ADDICTION COUNSELING

For Year 3 students

**Rev Sam Kuna, MA (MFCC)**  
**Saturdays: May 4, Jun 15 & Jul 13; 8.30am-6pm**

This course is designed for advanced counseling students to have an overview of substance use disorders, other addictive disorders like gambling, assessments, prevention, and treatment/relapse management. Behavioral health clinical models, etiological faith-based models and techniques used in individual, family, group, and community interventions will be reviewed. Note: The course may include presentations by local experts in the field of addiction and of experiential components, including motivational interviewing, harm reduction interventions, family and group methods.



## PRACTICUM II WITH SUPERVISION

For Practicum students

**Esther Tzer Wong, M. Soc. Sci., MNTCW.**  
**Rev Lim Poh Cheng, PDC, MAM, MCOU(Adv)**  
**3 Saturdays to be assigned for video presentations**  
**8.45am-5.30pm**

This course consists of experiential learning alternating between faith-based and community-based agency settings, classroom work, individual review and reflection. Students are expected to apply their theoretical learning and knowledge base to the clients and families under their care, in line with current professional and ethical codes of conduct.



# Admission Application

- Apply online: <https://mytca.tca.edu.sg/web/login>
- Alternatively, scan the QR code on the right to apply online
- TCA College reserves the right to close a class or cancel a course
- Application closing dates for new applicants for 2025 Cohort:



## INTERNATIONAL APPLICANTS

**AUG 31, 2024**

## LOCAL APPLICANTS

**OCT 31, 2024**

*Note: Current students and alumni are to register for new courses via myTCA.*

## Fees

### ADMISSION APPLICATION FEE

**\$76.30**  
(Non-refundable)

### TUITION FEES

**3 credits: \$1,209.90      Audit: \$604.95**

Fees are listed in Singapore dollars and payable each term based on the number of credits taken for the term.

*Note: Each course is worth 3 credits unless otherwise stated.*

Please refer to the College's website for full details on financial information and admission requirements. Students are to purchase textbooks on their own.

## For Pastors and TCA Alumni

TCA College offers one free onsite audit course per year under the School of Theology to all TCA alumni. To apply, please email [admin@tca.edu.sg](mailto:admin@tca.edu.sg)