

**SCHOOL OF COUNSELING** 

2025 TERM 3 AUG 25-NOV 20



# COURSE SCHEDUL

www.tca.edu.sg

### **WEEKLY COURSES**



#### **HUMAN DEVELOPMENT**

Rev Lim Poh Cheng, PDC, MAM, MCOU(Adv) Aug 25 - Nov 17; Every Monday, 7-10pm

For Year 1 / 2 students

This course discusses some major development theories and issues over the human lifespan. Students will get to identify characteristics and factors that inhibit or promote healthy psycho-social development based on biological, environmental, and cultural factors.

#### **CORE CLINICAL SKILLS II**

Angeline Teoh, PhD, MA *CMHC* Aug 26 - Nov 18; Every Tuesday, 7-10pm And scheduled Saturdays on Sep 27, Oct 4, Nov 8 & 15, 8.45am–6pm

For Year 3 students & Completed Core Clinical Skills I

This clinical course provides students with the exposure to and demonstration of the core microskills necessary for counseling and interviewing. It will facilitate the development of a skills and competency-based approach to the counseling interview and is based on the foundational skills laid in Core Clinical Skills (Part 1).

As with all courses in the School of Counseling, this course prioritizes the acquisition of assessment and treatment skills that are clinically based and sensitive to spiritual/religious variables. Such a focus is vital to helping the individual, family, church, and community.

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### **WEEKLY COURSES**



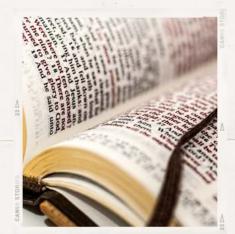
#### SPIRITUALITY AND MULTICULTURAL COUNSELING

Leonard Kwek, MA(Counseling) Angeline Teoh, PhD, MA *CMHC* Aug 28 - Nov 20; Every Thursday, 7-10pm And scheduled Saturday on Oct 18, 8.30am-6pm

For Year 2 students

This course will provide students with a spectrum of biblical, Christian approaches to counseling, including both implicit and explicit integration. Students will explore assumptions about human nature and sources of truth, the use of spiritual resources, dealing with spiritual issues in counseling, intrapersonal integration and the spirituality of the therapist and client. The course will provide students with foundational understanding of the major faith groups in Singapore, with a focus on integrating students' personal spirituality, knowledge, theory and methodology into a spiritualitysensitive counseling framework that is compatible with biblical principles.

## **BLOCK COURSES**



#### FAITH FOUNDATION 2: EXPLORING CHRISTIAN DOCTRINE



Rev Anita Chia, MDiv, MA (CC) Sep 6, Oct 4 & Nov 1 Saturdays, 8.30am-6pm

For Year 1 students

This foundational course is specially designed for students in the School of Counseling. The objective is for students to encounter the doctrines of the Evangelical Church at a personal level. The study of Church Doctrines must go beyond academic discussions to practical Christian living.

This course requires students to reflect on how the doctrines they subscribe to impact their lives, including their mental health. At the end of the course, students are required to apply one of the doctrinal themes to a psychological topic on the APA website.

#### **PSYCHOPATHOLOGY**

Dr Leslie Lim, MBBS, FRCPsych (UK), FAMS Sep 6, 13 & 20 Saturdays, 8.30am–6pm

For Year 2 students Exam: Sat, Oct 25, 9.30-11.30am



In this introductory course, students will be introduced to the clinical features, causes and treatment of common psychiatric disorders. Specially designed for counselors, the contents include conducting a mental state examination and assessment of suicide risk.

Students will also be introduced to the classification of mental disorders in DSM-5. The acquisition of assessment and treatment skills that are clinically based and sensitive to spiritual/religious variables, is vital to helping the individual, family, church, and community.

## **BLOCK COURSES**



#### **COUNSELING ADOLESCENTS AND YOUTH**

#### Mylene Lee, MAC, RegCLR Sep 20, Oct 11 & 25 Saturdays, 8.30am-6pm

Year 3 & 4 Students and Alumni

Adolescence and Youth are critical stages where their identities and values are formed. This is a course for counsellors who want to better understand and engage with the thinking, culture, and complexities of our young people today.

This course will emphasize the importance of cultivating a proactive approach when counseling youth and adolescents. Various counseling strategies and techniques as well as the ethical and legal considerations when working with this age group will also be covered.

### **ADMISSION APPLICATION**



- Apply online: <u>https://mytca.tca.edu.sg/web/login</u>
- Alternatively, scan the QR code on the left to apply online
- TCA College reserves the right to close a class or cancel a course
- Application closing dates for new applicants for 2026 Cohort:

INTERNATIONAL APPLICANTS

LOCAL APPLICANTS

AUG 31, 2025

OCT 31, 2025

Note: Current students are to register for new courses via myTCA.

FEES

Fees are listed in Singapore dollars and payable each term based on the number of credits taken for the term.

ADMISSION APPLICATION FEE: SGD 81.75 (non-refundable)

ADMISSION APPLICATION FEE

\$81.75 (non-refundable) **TUITION FEES** 

3 credits: \$1,209.90 Audit: \$604.95 Note: Each course is worth 3 credits unless otherwise stated.

Please refer to the College's website for full details on financial information and admission requirements. Students are to purchase the textbooks on their own.

### FOR PASTORS AND TCA ALUMNI

TCA College offers one free onsite audit course per year under the School of Theology to all pastors and TCA alumni. To apply, please email admin@tca.edu.sg

admin@tca.edu.sg | +65 6304 7602 | www.tca.edu.sg